

“I MUST REMEMBER”

“**T**omorrow I will write down everything I do. Tomorrow I will write down everything I say. Tomorrow night I will look it all over, then I will write down what example I feel I was to everyone I was with that day. I will take my actions and my words and then reflect on what impression I gave. I will look at these words again, and decide, was every word spoken by me worthwhile? Did it have sincerity in it, respect, dignity? Did it show charity? What effect did my actions have on those I spoke to and those I had no words with at all? Did my actions show I had sound standards, sound values? Did my actions speak with dignity?

I should make notes on my appearance. Was it comfortable for others who saw me, or did my clothing embarrass them because of its unkept appearance or its indecency? I oftentimes forget that what I am, the example I show, leaves with everyone I meet, a mark, a remembrance, a happiness, or even sometimes a hurt.

I must remember, I am not alone in this world, and what I am touches all those who I meet, who I speak to, who I pass on the street. I must remember that my appearance helps people to remember me, but most of all, bespeaks my values and my standards. I must also remember that what I speak is heard by many. I must remember I am not just flesh and blood, but I am a human being with a will, with a Soul, and I have a purpose for my being.

The next day, when I write down everything, I am sure it will be different, for as I look at all the voids, all the vacancies, all the discrepancies in my makeup, I have a lot of things to change. So when I write down my actions and my words, I will find in me improvement and sound change.”