

“A PERSONAL REVIEW OF HOW I SEE MYSELF”

“**A**m I a *procrastinator*?

Do I constantly or oftentimes put off doing something that could affect my life or the lives of others?

Do I habitually postpone important appointments, important issues, important decisions?

Do I understand that to *procrastinate* can affect other people’s lives as well as my own, in ways, in manners, in areas, that could be detrimental to a happier life, a fuller life, or a successful life?

Do I *procrastinate* in my spiritual way of doing things?

Do I put off saying prayers because I am not in the mood at that time?”

“**A**m I prone to personally *brainwash* myself, by making radical decisions that make me feel important in the eyes of others?

Do I constantly indoctrinate extensively and thoroughly, to affect a radical transformation of belief and mental attitude to support me when I want to get my way?”

“**D**o I *vacillate*, constantly wavering in my mind, on decisions that could give special credence to an important fact, for a particular important purpose, and/or for an issue that could make a great difference to the life or lives of other people?

Rarely, does anyone see himself or herself as one who constantly *vacillates* when a decision, minor or major, must be made. Few people associate the word *vacillate* with their own manner of accepting responsibility, and/or in decision making, that can affect their own life or the lives of others.”

“JEALOUSY”

“**A**m I *jealous* of others’ successes, others’ appearance of importance, others’ accomplishments, others’ abilities, others’ physical appearance?

Do I understand how *jealousy* can affect my attitude, my personal behavior, my ability to respond to others favorably, properly, kindly, sincerely?

Do I see *jealousy* as a detriment to my own self-esteem, and to my understanding that *jealousy* has a destructiveness in it that is many times irreparable?”

“**A**m I prone to *lying*?

Do I believe my own *lies*?

Do I recognize I am *lying*?

Has *lying* become a form of bragging because I am insincere?

Do I criticize others who *lie*, or I think they are *lying*, because *lying* has become such a part of my personal nature that I do not see this fault within myself, but readily recognize it in others?”

“**A**m I a *complainer*? If so, what area do I use to *complain* about — others’ successes, others’ personalities, others’ way of life, others’ intentions, others’ manner of spending money, others’ mode of living?

When I look in the mirror, how do I see myself? How do I judge what I am all about, my intentions, the manner in which I treat others? Am I sincere, am I indifferent, am I understanding?

Do I sincerely care how others see me, or do I feel that ‘I don’t care’ because ‘I have practiced criticism and complaints’ so much that I instinctively reject what others think, inwardly supposing that they, like me, do not have good thoughts about others?”

“**A**m I addicted to *excuses*? Do I constantly make *excuses* when there is no *excuse* necessary, just an honest reply would be sufficient?

Do I understand that many times *excuses* are a demeaning reaction to another individual, because an *excuse* either causes confusion, or setting aside an issue, a situation, an appointment and/or a contact that leaves the door open to a later, more responsible reply or action?

E*xcuses* are nothing but *excuses* in all areas of human life, many times used as a cover-up because an individual can't face the issue, doesn't want to face the issue, or is incapable of facing the issue for some reason or other.

One of the most important areas for *excuses* is in spiritual promises, when one promises to change their lackadaisical indifference to a more sincere response to formal practices, following God's Commandments, and recognizing a more spiritual need in their lives.”