

**TEACHING DELIVERED THROUGH FRANCES MARIE KLUG  
ON AUGUST 27, 1979**

**“CONFESSION IS *GOOD* FOR THE SOUL  
CONFESSION IS *NECESSARY* FOR THE SOUL  
CONFESSION IS ALSO VERY *IMPORTANT*”**

**“In confession, we first examine our conscience, and in this action, look at ourselves in a direct way, not minimizing our thoughts, our words, our actions, but evaluating them to recognize the honesty of them, the purity in them, and our obedience to God above all things.**

**There is no way we can earn Sainthood, unless we are constantly alert to our behavior, our habits, our thoughts, our words, our deeds, our environment, our involvement with ourselves and other human beings.**

**Confession is a manner of recognizing our faults, our failures, our weaknesses, our sins. How can any man justify an abusive action towards God’s Commandments? How can any man say an act against God is minor, not important enough to think about?**

**No sin is too small to not be offensive to God.”**

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