

**“I MUST REMEMBER”**

**“Tomorrow I will write down everything I do. Tomorrow I will write down everything I say. Tomorrow night I will look it all over, then I will write down what example I feel I was to everyone I was with that day. I will take my actions and my words and then reflect on what impression I gave. I will look at these words again, and decide: Was every word spoken by me worthwhile? Did it have sincerity in it, respect, dignity? Did it show charity? What effect did my actions have on those I spoke to and those I had no words with at all? Did my actions show I had sound standards, sound values? Did my actions speak with dignity?”**

**I should make notes on my appearance. Was it comfortable for others who saw me, or did my clothing embarrass them because of its unkept appearance or its indecency? I oftentimes forget that what I am, the example I show, leaves with everyone I meet, a mark, a remembrance, a happiness, or even sometimes a hurt.**

**I must remember, I am not alone in this world, and what I am touches all those who I meet, who I speak to, who I pass on the street. I must remember that my appearance helps people to remember me, but most of all, bespeaks my values and my standards. I must also remember that what I speak is heard by many. I must remember I am not just flesh and blood, but I am a human being with a will, with a Soul, and I have a Purpose for my being.**

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**“I Must Remember”**

**The next day, when I write down everything, I am sure it will be different, for as I look at all the voids, all the vacancies, all the discrepancies in my makeup, I have a lot of things to change. So when I write down my actions and my words, I will find in me improvement and sound change.”**